

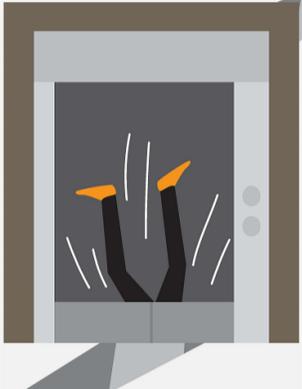
# EARTHQUAKE

## PREPAREDNESS



### Do Not Use

Take the stairs. Do NOT use the elevators. If you are indoors, stay inside until it is safe to exit



### Under Desk

Drop, cover and hold on. Take cover under a desk or table. Be prepared to hold on until the shaking stops.



### Stop Driving

Slow down until you can safely pull over and stop. Avoid overpasses, big trees and power lines, bridges and buildings. Stay in your car until the shaking stops. Check radio for updates.



### Stay Away From Building

Move away from buildings, utility wires, sinkholes and fuel/gas lines. Greatest danger is falling debris. Once in the open, get down low and stay there until the shaking stops.



**DROP!**

**COVER!**

**HOLD ON!**



**DROP** - where you are onto your hands and knees. This position protects you from being knocked down and also allows you to stay low and crawl to shelter if nearby.

**COVER** - your head and neck with one arm and hand. Crawl under a table or desk for shelter.

**HOLD ON** - until the shaking stops. Under shelter hold on to your shelter with one hand; be ready to move with it if it shifts.

If an earthquake occurs while driving, slow down, look for an open area to stop and pull over as soon as it is safe.

Avoid parking near or under bridges, overpasses, signs, building overhangs, power lines, trees, and other hazard that might fall. Turn off your engine, set the parking brake and stay inside with your seat belt fastened. If power line falls on you, stay inside and wait for help.



### Check local news for updates.

- Radio, social media, television
- Do not use phone unless it's an emergency



### Guam Great Shakeout

- October is national Earthquake Drill
- Register at [www.shakout.org/guam](http://www.shakout.org/guam)

## Build an Emergency Kit



## Make a Plan and Practice



- Know your disasters
- Family meet up location
- Evacuation Plan
- Make an emergency contact list (keep in Emergency Kit)
- Organize your plan
- Document your valuables; get records ready and place them in zip lock bags
- Don't forget your pets and their needs



### Emergency Supplies List

- Keep an emergency kit at your work, home and car



### Practice with your family

- Help everyone to know their surroundings.

Are You Prepared?

For more information:  
Contact Emergency Management Specialist  
at (671) 355-4889



[www.ready.gov](http://www.ready.gov)